

18th International Forum on Mood and Anxiety Disorders

Vienna (Austria)
04 – 06 July 2019

Final Programme

In Collaboration with



ISAD

International Society for Affective Disorders



IFMAD



**10
CME**

Credits Granted

Chairmen

Siegfried **Kasper** (Austria)
Stuart A. **Montgomery** (UK)
Allan H. **Young** (UK)
Eduard **Vieta** (Spain)

www.ifmad.org/2019

WELCOME

Dear Colleagues, dear Friends,

We are delighted to invite you to the 18th International Forum on Mood and Anxiety Disorders that will be held in July in Vienna.

IFMAD has a long and successful tradition of inviting international expert speakers on subjects which provide new insights in treatment of various psychiatric disorders. The meeting always takes place in a collegiate setting which allows for an open interaction between speakers, other experts present and the registrants both in the meeting room and in the intervals.

This year we expect a lively discussion on treatment resistant depression with new findings on rapid response within a day in TRD. The latest findings on the genetic basis of TRD will open the way to the use of personalized treatment of depression to reduce the chance of resistance developing. There will be overviews of the contribution of inflammation to mood and anxiety disorders and also the link between nutrition and psychiatry. Updates on new antipsychotics in schizophrenia and on the treatment of negative and depressive symptoms in schizophrenia will be presented. New studies on bipolar disorders have helped clarify the issues of treatment of bipolar depression and the associated cognitive impairment. An update on the risks of valproate will question its widespread use. A major current concern, which will be addressed in the meeting, is the apparent overuse of valproate in women of child bearing age. There will be sessions on anxiety disorders and a focus on long-term treatment and on comorbidity with alcohol dependence. We look forward to updates on the application of digital technology in psychiatry and the need for and use of rapid treatments for suicidality.

We look forward to seeing you all in Vienna for IFMAD 2019, to building strong professional contacts and expanding international network, to welcoming new participants and meeting our old friends, and discussing together the most important issues in this area of medicine!

A warm welcome from IFMAD chairmen!

Siegfried Kasper



Kasper

Stuart Montgomery



Stuart Montgomery

Eduard Vieta



Vieta

Allan Young



Young

ACKNOWLEDGEMENTS

For their contribution in supporting the poster presenters



For their contribution to the Scientific Programme



For their contribution to the Congress



SCIENTIFIC ADVISERS

D. Baldwin (United Kingdom), B. Bandelow (Germany), M. Bauer (Germany), T. Dinan (Ireland), E. Eriksson (Sweden), N. Fineberg (United Kingdom), S. Kennedy (Canada), D. Lecic Tosevski (Serbia), A.A. Mathé (Sweden), H.J. Möller (Germany), S. Pallanti (Italy), J. Raboch (Czech Republic), Z. Rihmer (Hungary), A. Serretti (Italy), D.J. Stein (South Africa), T. Svensson (Sweden), D. Winkler (Austria), S. Yamawaki (Japan), J. Zohar (Israel)

SCIENTIFIC PROGRAMME - Thursday, 04 July 2019

15h00 – 18h20 SCIENTIFIC SESSION – *Chairs: S. KASPER – E. VIETA*

- 15h00 - 15h40 **SE. 01 Personalised treatment of TRD in practice**
Alexander Kautzky (Austria)
- 15h40 - 16h20 **SE. 02 Nutritional psychiatry: focus on mood disorders**
Timothy Dinan (Ireland)
- 16h20 - 17h00 **SE. 03 Treating cognitive dysfunction in mood disorders**
Eduard Vieta (Spain)
- 17h00 - 17h40 **SE. 04 Advances in technology and digital psychiatry**
Diego Hidalgo-Mazzei (Spain)
- 17h40 - 18h20 **On-line Survey**
Stuart Montgomery (United Kingdom)

18h30 OPENING RECEPTION

SCIENTIFIC PROGRAMME - Friday, 05 July 2019

09h00 – 11h00 SCIENTIFIC SESSION – *Chairs: T. DINAN - N. FINEBERG*

- 09h00 - 09h40 **SE. 05 Recent regulatory guidance about certain mood-stabilising medicines in women of child-bearing potential: are some prescriptions worth the risk?**
David Baldwin (United Kingdom)
- 09h40 - 10h20 **SE. 06 Therapeutic implications of including hypochondriasis in the ICD-11 Obsessive-Compulsive or Related Disorders (OCRDs)**
Naomi Fineberg (United Kingdom)
- 10h20 - 11h00 **SE. 07 Enduring effect of psychotherapy vs medication in anxiety disorders**
Borwin Bandelow (Germany)
- 11h00 - 11h30 COFFEE BREAK**
- 11h30 - 12h30 SPONSORED SESSION**
- 12h30 - 13h30 LUNCH**

13h30 – 15h30 SCIENTIFIC SESSION – *Chairs: B. BANDELOW - A. YOUNG*

13h30 - 14h10 **SE. 08 New findings on lithium**
Markus Dold (Austria)

14h10 - 14h50 **SE. 09 Can we restore altered biological pathways in TRD starting from genetic findings?**
Chiara Fabbri (Italy)

14h50 - 15h30 **SE. 10 Treatment of depressive and negative symptoms of schizophrenia**
Istvan Bitter (Hungary)

15h30 - 16h00 **COFFEE BREAK**

16h00 – 18h00 SCIENTIFIC SESSION – *Chairs: A. SERRETTI - A. YOUNG*

16h00 - 16h40 **SE. 11 The role of anxiety in Baclofen treatment for alcohol dependence**
Julia Sinclair (United Kingdom)

16h40 - 17h20 **SE. 12 Rapid Acting treatment in depression**
Siegfried Kasper (Austria)

17h20 - 18h00 **SE. 13 Psychopharmacological approaches to Bipolar Depression**
Allan Young (United Kingdom)

18h00 - 18h30 **KEYNOTE LECTURE – Chair: I. BITTER**

18h00 - 18h30 **Transcranial magnetic stimulation**
Stefano Pallanti (Italy)

SCIENTIFIC PROGRAMME - Saturday, 06 July 2019

08h30 - 09h30 **STROLLING POSTER SESSION AND COFFEE BREAK**
Chairs: S. MONTGOMERY - S. KASPER - A. YOUNG – S. PALLANTI

09h30 – 11h20 SCIENTIFIC SESSION – *Chairs: C. FABBRI - S. MONTGOMERY*

09h30 - 10h10 **SE. 14 New antipsychotics in the treatment of depression**
Alessandro Serretti (Italy)

10h10 - 10h40 **SE. 15 Inflammation in Affective Disorders**
Allan Young (United Kingdom)

10h40 - 11h20 **SE. 16 Genetic testing in psychiatry : what clinicians need to know**
Chiara Fabbri (Italy)

11h20 - 12h15 **CLOSING REMARKS - POSTER AWARDS AND FAREWELL COFFEE**

Industry Sponsored Lecture – Friday, 05 July 2019

DISCLAIMER: THE FOLLOWING LECTURE IS ORGANISED BY INDUSTRY. YOU CANNOT CLAIM CME CREDITS FOR ATTENDING THIS SESSION

11h30 - 12h30 **SPONSORED SESSION**

‘How to manage patients with treatment resistant depression: could it also be ADHD?’

Toni Ramos (Spain)

This lecture is organised and funded by Shire, now part of Takeda (and is intended for Healthcare Professionals only).



Imperial Riding School Renaissance Vienna Hotel

GENERAL INFORMATION

AUDIO - VISUAL

Equipment for computerized Power Point presentation is provided during the scientific sessions. Power Point presentations, CD-Rom or USB keys can be viewed and tested prior to presentation at the Speakers' Corner and must be handed over to the room technicians at least forty minutes before the beginning of the sessions and collected directly by the speakers immediately after. It is essential for the smooth running of the sessions that all Speakers hand in their presentation in due time.

EUROPEAN ACCREDITATION

The IFMAD Workshop has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 10 European CME credits (ECMEC®s). To obtain your certificate please log I with your personal log-in credentials sent by mail on the website <http://ifmad.org/>, and complete the questionnaire. Credits' certificates will be available from July 12th, 2019 to July 20th, 2019. After this date they will not be available anymore.

CERTIFICATE OF ATTENDANCE

The certificate of attendance will be downloadable from the website www.ifmad.org using your personal credentials sent by e-mail, starting from July 12th, 2019.

GOOD TO KNOW

ADMISSION

The participant's name badge are provided at the registration desk. All participants are requested to wear the badge throughout the congress. Only badge holders are admitted to the appropriate sessions and Opening Reception.

LANGUAGE

The official language of the Congress is English. No simultaneous translation is provided.
The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to.

SECRETARIAT

The secretariat desk opens on Thursday, 04 July 2019 and stays open all through the Congress.

WELCOME COCKTAIL

All delegates are cordially invited to attend the Opening Reception which is held on Thursday, 04 July at 18.30 at the **Imperial Riding School Hotel**.

POSTERS

P.01 The basis of Ketamine action and its role on the treatment of Major Depressive Disorder

Hugo Afonso¹; Vera Froes¹; Ivan Varela¹; Sergio Esteves¹; Miguel Carneiro¹; Glauca Lima¹

¹Centro Hospitalar of Barreiro Montijo, Barreiro, Portugal

P.02 Practice of maintenance electroconvulsive therapy

Jakub Albrecht¹; Tadeas Mares¹; Jozef Buday¹; Gabriela Podgorna¹; Jiri Raboch¹; Martin Anders¹

¹Department of Psychiatry First Faculty of Medicine Charles University and General University Hospital, Prague, Czech Republic

P.03 The Impact of Suicidality on Major Depressive Disorder - Results from the European Group for the Study of Resistant Depression

Lucie Bartova¹; Markus Dold¹; Gernot Fugger¹; Alexander Kautzky¹; Daniel Souery^{2,3}; Julien Mendlewicz²; George N. Papadimitriou⁴; Dimitris Dikeos⁴; Panagiotis Ferentinos⁵; Stefano Porcelli⁶; Alessandro Serretti⁶; Joseph Zohar⁷; Stuart Montgomery⁸; Siegfried Kasper¹

¹Department of Psychiatry and Psychotherapy, Medical University of Vienna, Vienna, Austria; ²School of Medicine, Free University of Brussels, Brussels, Belgium; ³Psy Pluriel - European Centre of Psychological Medicine, Brussels, Belgium; ⁴First Department of Psychiatry, Medical School, National and Kapodistrian University of Athens, Eginition Hospital, Athens, Greece; ⁵Second Department of Psychiatry, Medical School, National and Kapodistrian University of Athens, Attikon General Hospital, Athens, Greece; ⁶Department of Biomedical and NeuroMotor Sciences, University of Bologna, Bologna, Italy; ⁷Psychiatric Division, Chaim Sheba Medical Center, Tel Hashomer, Israel; ⁸Imperial College, University of London, London, United Kingdom

P.04 Spadin and shortened spadin analogs as efficient new antidepressants in mouse models of post-stroke depression

Marc Borsotto¹; Mariel Pietri¹; Alaeddine Djillani¹; Jean Mazella¹; Catherine Heurteaux¹

¹Centre National de la Recherche Scientifique, Institut De Pharmacologie Moléculaire et Cellulaire, UMR7275, Valbonne, France

P.05 Comparison of depression, anxiety, and suicide ideation in transgender individuals based on their parents' reaction

Jinhyuk Choi¹

¹Bongseng memorial hospital, Busan, South Korea

P.06 Bipolar Disorder – Is gender important?

Ana Beatriz Cordeiro de Medeiros¹; Cátia Fernandes Santos¹; Magda Veiga Pereira¹

¹Serviço de Psiquiatria e Saúde Mental do Hospital Garcia de Orta, Almada, Portugal

P.07 Seasonal variation of benzodiazepine utilization among the Croatian population

Marija Delaš Aždajić^{1,3}; Stjepan Aždajić¹; Robert Likić^{2,3}; Danijela Štimac Grbić^{3,4}

¹Sestre Milosrdnice University Hospital Center, Zagreb, Croatia; ²University Hospital Centre Zagreb, Zagreb, Croatia; ³School of Medicine, University of Zagreb, Zagreb, Croatia; ⁴Croatian Institute of Public Health, Zagreb, Croatia

P.08 Pharmacological management of acute mania: a 2-year retrospective study of prescription patterns in a portuguese acute psychiatric unit

Cátia Fernandes Santos¹; Ana Beatriz Medeiros¹; Filipa Senos Moutinho¹

¹Department of Psychiatry and Mental Health, Hospital Garcia de Orta, Almada, Portugal

P.09 Cyberchondria as an emerging trans-diagnostic digital compulsive syndrome: An updated systematic review and clinical case report

Matteo Vismara^{1,2}; Eduardo Cinosi^{1,3}; Bernardo Dell'Osso²; Giovanni Martinotti^{3,4}; Naomi A Fineberg^{1,3}

¹Hertfordshire Partnership University NHS Foundation Trust, Rosanne House, Welwyn Garden City, Hertfordshire, United Kingdom; ²University of Milan, Department of Mental Health, Department of Biomedical and Clinical Sciences Luigi Sacco, Milan, Italy; ³University of Hertfordshire, Hatfield, United Kingdom; ⁴University G.d'Annunzio University, Department of Neuroscience, Imaging, Clinical Sciences,, Chieti-Pescara, Italy

P.10 The study of the clinical and psychological characteristics of patients with anxious neurotic disorders in the course of analytical-cathartic therapy.

Evgenii Ilchenko¹

¹St. Petersburg "Hospital named after P.P. Kashchenko", Saint Petersburg, Russian Federation

P.11 Pain behavior: new application of dire scale in patients with chronic pain syndromes

Olena Khaustova¹

¹Bogomolets National Medical University, Kyiv, Ukraine

P.12 Oriental herbal medicine for insomnia in elderly with hypertension: a systematic review and meta-analysis

SangHo Kim¹

¹Department of Neuropsychiatry of Korean Medicine, Pohang Korean Medicine Hospital Affiliated to Daegu Haany University, Pohang, South Korea

P.13 Rapid augmentation of antipsychotic drugs by sodium nitroprusside (SNP). Behavioral assessment and effect on brain dopaminergic transmission in rats

Joep Titulaer^{1,2}; Anna Malmerfelt²; Monica Marcus²; Åsa Konradsson Geuken^{1,2}; Alessia Perrone³; Giesbert Alken³; John Lowry⁴; Torgny Svensson²

¹Uppsala University, Uppsala, Sweden; ²Karolinska Institutet, Stockholm, Sweden; ³BDD Drug Development GmbH, Berlin, Germany; ⁴National University of Ireland Maynooth, Maynooth, Ireland

P.14 Association between cognitive functions and suicidal ideation in patients with mood disorder

Suyeon Lee¹; Woojae Myung¹; Kichang Kim¹; Sunghee Oh¹; Nayoung Cho¹; Yun seong Park¹; Taewon Chung¹; Hyun A Ryoo¹; Tae Hyon Ha¹

¹Department of Psychiatry, Seoul National University Bundang Hospital, Seongnam, South Korea

P.15 Personalized psychotherapy system for depressive disorders, taking into account the prognosis factors of their course

Natalia Maruta¹; Viktoriya Fedchenko¹

¹"Institute of neurology, psychiatry and narcology of NAMS of Ukraine" SI, Kharkiv, Ukraine

P.16 Peculiarities of anxiety in the structure of mental health disorders of different genesis

Nataliya Maruta¹; Tamara Panko¹; Iryna Yavdak¹; Galina Kalenskaya¹; Oksana Maruta¹

¹"Institute of Neurology, Psychiatry and Narcology of NAMS of Ukraine" SI, Kharkiv, Ukraine

P.17 Menière's disease – a psychosomatic disorder?

Ana Beatriz Medeiros¹; Filipe Correia²; Luís Castelhanos²; Pedro Cavilhas²

¹Serviço de Psiquiatria e Saúde Mental do Hospital Garcia de Orta, Almada, Portugal; ²Serviço de Neurologia do Hospital Egas Moniz, Centro Hospitalar de Lisboa Ocidental, Lisboa, Portugal

P.18 Is there abnormal functional connectivity between the cerebellum and the cerebrum networks in un-medicated patients with obsessive-compulsive disorder?

Keitaro Murayama¹; Tomohiro Nakao¹; Tomiyama Hirofumi¹; Hasuzawa Suguru¹; Tsuruta Sae²; Ohno Aikana²

¹Department of Neuropsychiatry, Graduate School of Medical Sciences, Kyushu University, Fukuoka, Japan;

²Department of Clinical Psychology Practice, Graduate School of Human-Environment Studies, Kyushu University, Fukuoka, Japan

P.19 Exposure to Ambient Fine Particles and Depressive Symptoms in Alzheimer Disease: CREDOS (Clinical Research Center for Dementia of South Korea) Study

Woojae Myung¹; Hyewon Lee^{1,2}; Hyeong-gwon An³

¹Department of Neuropsychiatry, Seoul National University Bundang Hospital, Seongnam, South Korea; ²Institute of Health and Environment, Seoul National University, Seoul, South Korea; ³Department of Psychiatry, CHA Bundang Medical Center, CHA University, Seongnam, South Korea

P.20 Mobile app for the add-on treatment of generalized anxiety disorder and anxiety in mild to moderate depressive disorder – an assessment of need of patients and health care professionals

Daniel Neto^{1,2}; Carla Spínola³; Ana Ribeiro Moreira³; Teresa Castelo Branco²; Helena Sofia Pinto⁴; Joaquim Gago^{2,5}

¹Casa de Saúde São João de Deus,, Funchal, Portugal; ²Clínica Grow Space, Lisboa, Portugal; ³Centro Hospitalar Lisboa Ocidental, Lisboa, Portugal; ⁴Instituto Superior Técnico, Universidade de Lisboa, Lisboa, Portugal; ⁵Nova Medical School, Lisboa, Portugal

P.21 The Effects of a Mobile Application using the MBSR technique on symptom relief of outpatients with panic disorder: A pilot study

Sunyoung Park¹; Jungeun You^{2,3}; Jungeun Song¹

¹Department of Psychiatry, National Health Insurance Service Ilsan Hospital, Goyang, South Korea; ²Department of Psychology, Seoul National University, Seoul, South Korea; ³MABO, Seoul, South Korea

P.22 Clinical Implication of Agoraphobia in the Patients with Panic Disorder

Jin Shin¹; Jun Jeon Hong¹

¹Department of Psychiatry, Konkuk University Medical Center, Seoul, South Korea

P.23 Understanding the essence of Mood Disorders through the eyes of poetry

Gulbahar Sidhu¹

¹Doaba Hospital, Jalandhar, India

P.24 Lithium or valproate in Bipolar Disorder? A 3-Year Prospective Cohort Study

Carla Spínola¹; Daniel Neto²; Leonor Santana¹; Filipe De Oliveira Azevedo¹; Joaquim Gago^{1,3}

¹Centro Hospitalar Lisboa Ocidental, Lisboa, Portugal; ²Casa de Saúde São João de Deus, Funchal, Portugal; ³Nova Medical School, Lisboa, Portugal

P.25 Unique Pharmacology and Clinical Evidence Supporting the Antidepressant Therapeutic Potential of Lumateperone

Joep Titulaer^{1,2}; Robert Davies³; Sophie Dutheil³; Joseph Hendricks³; Lei Zhang³; Lawrence Wennogle³; Andrew Satlin³; Monica Marcus³; Sharon Mates³; Kim Vanover³; Gretchen Snyder³; Torgny Svensson²

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