12th INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

BARCELONA, 07-09 NOVEMBER, 2012

www.ifmad.org

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Congress Venue
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www.ifmad.org
To all prospective delegates,

It is our pleasure to welcome you in Barcelona to the annual meeting of the International Forum on Mood and Anxiety Disorders (IFMAD).

The most useful feature about IFMAD meetings is that current clinical hot topics and new data are presented in a balanced format, adequately dissected and discussed in a collegiate atmosphere, and digested over dinner.

The meetings are always enjoyable and informative and along with the usual updates on new treatments in other areas this year’s IFMAD will be an efficient way of catching up with the latest developments.

This year topics that will be addressed include educational strategies to prevent suicide, the place of antidepressants in bipolar depression, new approaches in treating alcohol abuse, improving placebo control groups and a core focus will be on the new antidepressants on the horizon.

We are pleased to welcome you in Barcelona and have you with us again this year.

Siegfried Kasper,
Chairman

Stuart A. Montgomery,
Co-Chairman

ACKNOWLEDGEMENT

The Organizing Committee expresses their gratitude for their contribution of unrestricted educational grants

Lundbeck A/S
for their contribution as Sponsor of Symposia

Pierre Fabre Medicament
for their contribution as sponsor of the speaker’s dinner

Wisepress LTD
for their participation in the exhibition
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**Wednesday, November 07**

**Thursday, November 08**

**Friday, November 09**
14.30-16.30  **SO 01 PROGRESS IN BIPOLAR DISORDER**

Chair: **Siegfried KASPER (Austria)**  
**Allan YOUNG (United Kingdom)**

14.30-15.00  **SO 0101**  Treatment of mixed states  
**Eduard VIETA (Spain)**

15.00-15.30  **SO 0102**  Strategies towards optimising treatment response in bipolar disorder  
**Isaac SCHWEITZER (Australia)**

15.30-16.00  **SO 0103**  Treatment of bipolar depression  
**Allan YOUNG (UK)**

16.00-16.30  **SO 0104**  Observational vs randomised controlled studies  
**Rico NIL (Switzerland)**

➤ Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.

16.30-16.45  **Coffee break**

16.45-18.15  **SO 02 ADVANCES IN TREATMENT OF RESISTANT DEPRESSION**

Chair: **Alessandro SERRETTI (Italy)**  
**Eduard VIETA (Spain)**

16.45-17.15  **SO 0201**  Should we stop raising the dose in non-responders  
**Rasmus LICHT (Denmark)**

17.15-17.45  **SO 0202**  Are two antidepressants better than one?  
**Michael BAUER (Germany)**

17.45-18.15  **SO 0203**  Pharmacogenetics in clinical practice: are we close?  
**Alessandro SERRETTI (Italy)**

➤ Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.

18.15-19.15  **Opening Ceremony**
THURSDAY, 08 November 2012

09.00-10.30  SO 03 BROAD-SPECTRUM SYMPTOM CONTROL IN BIPOLAR DISORDER - WHAT ARE THE CHALLENGES?

09.00-09.10  Chairman’s introduction: Heinz GRUNZE (Germany)

09.10-09.30  SO 0301  Asenapine: the first tetracyclic antipsychotic  
              Pierre BLIER (Canada)

09.30-09.55  SO 0302  Bipolar disorder: a multidimensional disorder  
              Andrea FAGIOLINI (Italy)

09.55-10.15  SO 0303  Improving patient outcome with asenapine  
              Heinz GRUNZE (UK)

10.15-10.30  Panel discussion

Symposium sponsored by an unrestricted educational grant from H. Lundbeck A/S

10.30-11.00  Coffee break

11.00-12.30  SO 04 HOT TOPICS IN MOOD DISORDERS

Chair: Borwin BANDELOW (Germany)  
        Elias ERIKSSON (Sweden)

11.00-11.30  SO 0401  Making sense in making guidelines  
              Lucas REMS (Germany)

11.30-12.00  SO 0402  Educational strategies for preventing suicide: review of studies in Slovenia, Gotland and Germany  
              Saska ROSKAR (Slovenia)

12.00-12.30  SO 0403  Why do celebrities die young?  
              Borwin BANDELOW (Germany)

➤ Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.

12.30-13.30  Lunch
13.30-15.00  **SO 05 OPTIMIZING TREATMENT OUTCOMES IN DEPRESSION AND ANXIETY DISORDERS**

*Chair: Alan WADE (UK)*

13.30-14.00  **SO 0501** Combining antidepressants from the get-go - the state of the evidence for (and against) antidepressant combinations as first-line treatment in Major Depressive Disorder

*Daniel MERON (UK)*

14.00-14.30  **SO 0502** What can prescription databases or real-life usage teach us about reaching optimal treatment outcomes

*Yoram BARAK (Israel)*

14.30-15.00  **SO 0503** Escitalopram MELTZ – what do patients say about their experience?

*Alan WADE (UK)*

*Symposium sponsored by an unrestricted educational grant from H. Lundbeck A/S*

➤ Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.

15.00-16.00  **SO 06 DEBATE: ANTIDEPRESSANT EFFICACY IS CLEARCUT**

*Chair: Siegfried KASPER (Austria)*

*Pro: Elias ERIKSSON (Sweden)*

*Contra: Corrado BARBUI (Italy)*
16.00-16.30  **Coffee break**

16.30-18.00  **SO 07 NEGATIVE, COGNITIVE AND DEPRESSIVE SYMPTOMS IN SCHIZOPHRENIA**

Chair:  *Hans-Juergen MÖLLER (Germany)*  
*Stefan LEUCHT (Germany)*

16.30-17.00  **SO 0701** Depressive and negative symptoms - are they really separate?  
*Hans-Juergen MÖLLER (Germany)*

17.00-17.30  **SO 0702** New treatments for cognitive symptoms in schizophrenia  
*Raimund BULLER (France)*

17.30-18.00  **SO 0703** Treatment of affective or negative symptoms of schizophrenia  
*Stefan LEUCHT (Germany)*

➤ Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.
09.00-10.30  SO 08 COGNITIVE DYSFUNCTION OF DEPRESSION - A SYMPTOM THAT WE FAIL TO TREAT?
Chair: Stuart A. MONTGOMERY (UK)

09.00-09.30  SO 0801  Current antidepressant treatments: what do we have and what do we need?
Philip COWEN (UK)

09.30-10.00  SO 0802  Assessing cognitive dysfunction in the depressed patient
Barbara SAHAKIAN (UK)

10.00-10.30  SO 0803  Review of current evidence for treatment of cognitive dysfunction of depression
Siegfried KASPER (Austria)

Symposium sponsored by an unrestricted educational grant from H. Lundbeck A/S

Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.

10.30-11.00  Coffee break

11.00-12.30  SO 09 DEVELOPMENTS IN THE TREATMENT OF ANXIETY DISORDERS
Chair: Torgny SVENSSON (Sweden)  Stefano PALLANTI (Italy)

11.00-11.30  SO 0901  Sexual Disorders and OCD
Jose MENCHON (Spain)

11.30-12.00  SO 0902  Is hoarding a separate disorder?
Stefano PALLANTI (Italy)

12.00-12.30  SO 0903  Long term treatment of anxiety disorders and OCD
David BALDWIN (UK)

Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation.

12.30-13.30  Lunch
13.30-15.30 SO 10 NEW TARGETS FOR DEPRESSION

Chair: David BALDWIN (UK)  
Siegfried KASPER (Austria)

13.30-14.00  SO 1001 New Leads for Improved Treatment of Depression
Torgny SVENSSON (Sweden)

14.00-14.30  SO 1002 The role of neuroinflammation in major depression
Johan den BOER (The Netherlands)

14.30-15.00  SO 1003 Cardiovascular outcome in MDD
Timothy DINAN (Ireland)

15.00-15.30  SO 1004 Poetry and the Measurement of Depression - a personal journey
Siegfried KASPER (Austria)  
Stuart MONTGOMERY (UK)

▶ Please note that a 5’ discussion with the speaker is foreseen at the end of each presentation
P 01. Obsessive-compulsive symptoms in schizophrenia
Azizeh Afkhami
Tehran University of Medical Sciences (TUMS), Iran

P 02. A population pharmacokinetic meta-analysis of vortioxetine (Lu AA21004) in healthy subjects
Johan Areberg¹, Grace Chen², Himanshu Naik², Kamilla B. Pedersen¹, Mayid Vakilynejad²
H. Lundbeck A/S, Valby, Denmark; ²Takeda Global Research & Development Center Inc, Deerfield, USA

P 03. Intervention for a sleep health program on the basis of cognitive behavioral therapy through e-mail newsletters for Japanese students
Kenichi Asano¹, Ikuo Ishimura²
¹Research Center for Child Mental Development, Graduate School of Medicine, Chiba University, Chiba, Japan; ²Tokyoseitoku University, Chiba, Japan

P 04. The effects of antidepressant monotherapy versus adjunctive therapy with an atypical antipsychotic in new-onset major depressive disorder
Daeup Baek
Dongnae Bongseng Hospital, Busan, South Korea

P 05. Prefrontal cordance in the outcome prediction of 1-Hz, right-sided, prefrontal rTMS in patients with depression.
Martin Bares, Tomas Novak
Third Faculty of Medicine, Charles University, Prague, Czech Republic

P 06. Anxiety of first cadaver demonstration in medical, dentistry and pharmacy faculty students
Ayse Hilal Bati¹, Figen Govsa², Mehmet Asim Ozer², Yelda Pinar²
¹Ege University, Faculty of Medicine, Department of Medical Education, Izmir, Turkey; ²Ege University, Faculty of Medicine, Department of Anatomy, Izmir, Turkey

P 07. Newly-Graduated Physicians’ Perceived Stress Before Specialization Exam
Ayse Hilal Bati¹, Nazan Karaoglu²
¹Assistant Professor, Ege University, Faculty of Medicine, Department of Medical Education, Bornova-Izmir, Turkey; ²Associate Professor, Necmettin Erbakan University, Meram Faculty of Medicine, Department of Medical Education and Informatics, Konya, Turkey
**P 08. Attitudes of general practitioners towards training in mental health**
Maite Bel, Raquel Borrego Leal, Carlos Conesa, Antonio Corominas, Ana Falces, Isabel Frigola, Teresa Sarmiento
*Department of Mental Health, Fundació Privada Hospital de Mollet, Barcelona, Spain*

**P 09. Low Adiponectin and High Resistin Levels in Panic Disorder**
Yasin Bez¹, Mahmut Bulut¹, Yuksel Kıvrak², Kaya Mehmet Cemal¹, Yunce Muharrem⁴, Ari Mustafa⁵, Öztürk Oktay Hasan³
¹Dicle University; Department of Psychiatry, Diyarbakir, Turkey; ²Kafkas University; Department of Psychiatry, Kars, Turkey; ³Mustafa Kemal University; Department of Biochemistry, Hatay, Turkey; ⁴Dicle University; Department of Biochemistry, Diyarbakir, Turkey; ⁵Mustafa Kemal University; Department of Psychiatry, Hatay, Turkey

**P 10. Partial Inactivation of Pon1 Activity and Increased Lipid Hydroperoxide Levels that point out Oxidative Stress in Generalized Anxiety Disorder**
Emhan Ali³, Sir Aytelin¹, Mahmut Bulut¹, Karabab a Ibrahim F.³, Gunes Mehmet¹, Kaya Mehmet Cemal¹, Aksoy Nurten⁴, Selek Salih², Bez Yasin¹
¹Dicle University; Department of Psychiatry, Diyarbakir, Turkey; ²Istanbul Medeniyet University, Department of Psychiatry, Istanbul, Turkey; ³Harran University, Department of Psychiatry, Sanliurfa, Turkey; ⁴Harran University, Department of Biochemistry, Sanliurfa, Turkey

**P 11. Affective Manifestations of Stiff-Person Syndrome: A Case Report with Clinical Considerations**
Rebecca Burson¹,²,³
¹United States Air Force, San Antonio, USA; ²University of Texas Health Science Center San Antonio, San Antonio, USA; ³Psychiatry RESIDENT, PGY-IV, San Antonio, USA

**P 12. The role of gender in the relationship of personality and parenting styles with mood and anxiety symptoms**
Laura Camacho Guerrero¹, María Sígrid Gallego Moya¹, Manuel Ignacio Ibáñez Ribes¹, Laura Mezquita Guillamón¹, Jorge Moya Higueras², Generós Ortet Fabregat¹, Helena Villa Martín¹, Ana María Viruela Royo¹
¹Universitat Jaume I, Castellon, Spain; ²universitat De Lleida, Lleida, Spain
P 13. Relating individual differences in trait-anxiety to children’s memory for emotional information: An investigation using illustrated emotional stories
Lavinia Cheie, Laura Visu-Petra
Developmental Psychology Lab, Department of Psychology, Babeș-Bolyai University, Cluj-Napoca, Romania

P 14. The Cardiovascular Safety of Escitalopram at High Dosage
Gordon Crawford¹, Alan Wade¹, David Young²
¹CPS Research, Glasgow, United Kingdom; ²Strathclyde University, Glasgow, United Kingdom

P 15. Comorbid Panic Disorder and Suicide Attempts in Major Depressive Disorder
Kim Chan-Hyung¹, Roh Daeyoung¹,², Nam Yoon-Young³
¹Department of Psychiatry, Yonsei University College of Medicine, Seoul; ²Institute of Behavioral Science in Medicine, Yonsei University College of Medicine, Seoul; ³Division of Planning and Public Relations, Seoul National Hospital, Seoul, South Korea

P 16. A retrospective case series of bipolar patients during pregnancy: lithium prophylaxis, risk of recurrences and maternal/neonatal complications
Raffaella Ardau², Alberto Bocchetta¹, Paolo Carta², Caterina Chillotti², Valeria Deiana¹, Maria Del Zompo¹,², Mirko Manchia¹
¹Section of Neuroscience and Clinical Pharmacology, Department of Biomedical Sciences, University of Cagliari, Cagliari, Italy; ²Unit of Clinical Pharmacology, University-Hospital of Cagliari, Cagliari, Italy

P 17. Perception of partner relationship and anxiety symptoms
Katarzyna Cyranka¹, Edyta Dembińska¹, Katarzyna Klasa², Łukasz Müldner-Nieckowski¹, Krzysztof Rutkowski¹, Jerzy A. Sobański¹
¹Department of Psychotherapy, Jagiellonian University Medical College, Kraków, Poland; ²Department of Psychotherapy, University Hospital, Kraków, Poland

P 18. Personality traits changing with improvement of various anxiety symptoms
Katarzyna Cyranka¹, Edyta Dembińska¹, Katarzyna Klasa², Łukasz Müldner-Nieckowski¹, Krzysztof Rutkowski¹, Jerzy A. Sobański¹
¹Department of Psychotherapy, Jagiellonian University Medical College, Kraków, Poland; ²Department of Psychotherapy, University Hospital, Kraków, Poland
P 19. Changes in the profile of diagnoses of patients treated with psychotherapy in a day hospital over the past 25 years. Increase in the anxiety disorders’ rate?
Katarzyna Cynarka⁴, Edyta Dembińska⁴, Katarzyna Klasa⁵, Łukasz Müldner-Nieckowski⁴, Krzysztof Rutkowski⁴, Jerzy A. Sobański⁴
¹Department of Psychotherapy, Jagiellonian University Medical College, Kraków, Poland; ²Department of Psychotherapy, University Hospital, Kraków, Poland

P 20. Error monitoring in major depressive disorder with psychomotor retardation: an fMRI study
Bernard Sabbe⁴, Ellen R.A De Bruijn², Marianne Destoop⁴
¹Collaborative Antwerp Psychiatric Research Institute, Antwerp, Belgium; ²Leiden Institute for Brain and Cognition, Leiden, Netherlands

P 21. Duplication of GTF2I results in separation anxiety in mice and humans
Joana Dida¹,², Carolyn B. Mervis³, Emily Lam², Nicole A. Crawford-Zelli³, Edwin J. Young², Danielle R. Henderson³, Tuncer Onay⁴, Colleen A. Morris⁵, Janet Woodruff-Borden⁶, John Yeomans⁴, Lucy R. Osborne²,⁶,⁷
¹Department of Psychology, Centre for Biological Timing and Cognition, University of Toronto, ON Canada; ²Institute for Medical Science, University of Toronto, ON, Canada; ³Department of Psychological and Brain Sciences, University of Louisville, Louisville, KY; ⁴Samuel Lunenfeld Research Institute, Mount Sinai Hospital, Toronto, ON, Canada; ⁵Department of Pediatrics, University of Nevada School of Medicine, Las Vegas, NV; ⁶Department of Medicine, University of Toronto, ON, Canada; ⁷Department of Molecular Genetics, University of Toronto, ON, Canada

P 22. Reward sensitivity and aggression in bipolar disorder
Robert Haim Belmaker², Yuly Bersudsky², Or Duek¹, Ora Kofman¹, Yamima Osher²
¹Department of Psychology, Faculty of Humanities and Social Sciences, Ben Gurion University of the Negev, Beer Sheva, Israel; ²Beer Sheva Mental Health Center, Department of Psychiatry, Faculty of Health Sciences, Ben Gurion University of the Negev, Beer Sheva, Israel

P 23. Adult Attention Deficit and Hyperactivity Disorder Comorbidity in Obsessive Compulsive Disorder
Bahadir Bakim⁴, Hülya Ertekin¹, Yusuf Ertekin³, Oğuz Karamustafaloglu²
¹Konya Education and Research Hospital, Konya, Turkey; ²Şişli Etfal Education and Research Hospital, Istanbul, Turkey; ³İcericumra State Hospital, Konya, Turkey; ⁴Çanakkale 18 Mart University, Çanakkale, Turkey
P 24. Depression and anxiety disorder comorbidity in patients with obstructive sleep apnea syndrome (OSAS)  
Bahadir Bakim¹, Hülya Ertekin², Oguz Karamustafalioglu⁴, Atilla Tekin⁴,  
Burcu Gokasan Yavuz⁵, Sinan Yayla³  
¹Canakkale 18 Mart University Medical Faculty Psychiatry Clinic, Canakkale, Turkey;  
²Konya Research and Teaching Hospital, Konya, Turkey; ³Kastamonu State Hospital Psychiatry Clinic, Kastamonu, Turkey; ⁴Sisli Etfal Research and Teaching Hospital, Istanbul, Turkey; ⁵Acibadem University, Istanbul, Turkey

P 25. Biological variables in patients suffering from affective disorders-Metabolic data  
Raquel Borrego, Carles Conesa, Antoni Corominas, Anna Falces, Maria-Jose Reyes, Teresa Sarmiento  
Hospital de Mollet, Mollet del Valles-Barcelona, Spain

O’ Dwyer Anne-Marie¹, Martha Finnegan¹, Cooney John¹, Murphy Ross², Guerin Shirley³, Suzanne Smyth¹  
¹Department of Psychological Medicine, St James’ Hospital, Dublin, Ireland; ²Department of Cardiology, St James’ Hospital, Dublin, Ireland; ³Department of Pharmacy, St James’ Hospital, Dublin, Ireland

P 27. FDA approved Psychotropic Medications List for Psychiatric Illnesses commonly seen in current US Population and Comparison with Europe  
Francisco Fletes, Elizabeth Kwak  
Tripler Army Medical Center Department of Psychiatry, Honolulu, USA

P 28. The Development and Psychometric Assessment of a Scale to Measure the Severity of Examination Anxiety among undergraduate University students  
Dalia Bedewy¹, Adel Gabriel²  
¹Tanta University, Tanta, Egypt; ²University of Calgary, Calgary, Canada
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Nikolaos Bilanakis¹, Antonios Kodounis², Konstantinos Fokas³, Evaggelos Neroutsos⁴, Eugenia Papalexi⁵, Despoina Gialoglou³

¹ Department of Psychiatry, General Hospital of Arta, Arta, Greece, ² Department of Neurology, 251 Air force General Hospital of Athens, Athens, Greece, ³ Department of Psychiatry, General Hospital Papageorgiou, Thessaloniki, Greece, ⁴ Department of Psychiatry, Triasios General Hospital of Elefsina, Athens, Greece

⁵ Lundbeck Hellas S.A., Athens, Greece

**P 30. Potential benefits of slow titration of paroxetine treatment in elderly population**

Diana De Ronchi, Sara Gibiino, Elisa Mori, Alessandro Serretti

¹ Institute of Psychiatry, University of Bologna, Bologna, Italy

**P 31. The Effects of D-Cycloserine on Fear Extinction and Expression of zeta-1 subunit of NMDA Receptors in Rats Traumatized with Predator Scent**

Aykaç Asli², Cerit Cem³, Mehmet Zafer Gören⁴, Cabadak Hülya², Çalışkan Mecit¹, Gökçe Sandogan¹

¹ Haydarpasa Numune Training and Research Hospital, Psychiatry Department, Istanbul, Turkey; ² Marmara University Medical School, Biophysics Department, Istanbul, Turkey; ³ Kocaeli University Medical School, Psychiatry Department, Kocaeli, Turkey; ⁴ Marmara University Medical School, Medical Pharmacology Department, Istanbul, Turkey

**P 32. Depression of bipolarity often diagnosed as Major Depressive Disorder**

Anila Hashorva

Kazaferi Anila, Tirana, Albania

**P 33. Bipolar disorder often hiding behind alcohol abuse**

Anila Hashorva

Dritan Ulqinaku, Tirana, Albania

**P 34. The Comparison of the Antidepressant Effects of Zinc, Amantadine and Folic Acid with the Effect of Venlafaxine in the Experimentally Depressed Mice**

Ahmet Inal, Nuran Kucuk, Zafer Sezer

Erciyes University Medicine Faculty, Kayseri, Turkey
P 35. Positive psychological resources among Japanese university students with deep depression and anxiety: A study of flow experience and strength-awareness
Ikuo Ishimura¹, Asami Komazawa²
¹Tokyo Seitoku University, Tokyo, Japan; ²Graduate School of Tokyo Seitoku University, Tokyo, Japan

P 36. Adult Attachment Style at Discharge Predicts Depression 4 Months Following a 28-day Alternative Milieu Inpatient Program
Ravindran Arun¹,²,³, Grummitt Jessica¹, Brett Jones¹,³, Chopra Kevin¹,², Levitan Robert D¹,²,³
¹Centre for Addiction and Mental Health, Toronto, Canada; ²University of Toronto, Department of Psychiatry, Toronto, Canada; ³University of Toronto, Institute of Medical Science, Toronto, Canada

P 37. Does light have psychophysiological non-image-forming (NIF) -effects outside of retinohypothalamic tract (RHT)?
Heidi Jurvelin¹,², Lilli Kallio³, Vesa Kiviniemi⁴,⁵, Juhani Leppäluoto⁴, Juuso Nissilä¹,²,³, Seppo Saarela³, Tuomo Starck⁶,⁷, Timo Takala⁸, Mikko Tulppo⁵, Olli Vakkuri⁴
¹University of Oulu, Institute of Clinical Medicine, Department of Psychiatry, Oulu, Finland; ²University of Oulu, Institute of Health Sciences, Oulu, Finland; ³University of Oulu, Faculty of Science, Department of Biology, Oulu, Finland; ⁴University of Oulu, Faculty of Medicine, Department of Physiology, Oulu, Finland; ⁵Department of Exercise and Medical Physiology, Verve, Oulu, Finland; ⁶Department of Diagnostic Radiology, Oulu University Hospital, Oulu, Finland; ⁷Department of Diagnostic Radiology, University of Oulu, Oulu, Finland; ⁸Oulu Deaconess Institute, Oulu, Finland

P 38. Gender-specific effects of prenatal exposure to dichlorodiphenyltrichloroethane (DDT) on depressive-like behavior and aryl hydrocarbon receptor signaling in mice
Malgorzata Kajta¹, Wladyslaw Lason¹, Ewa Litwa¹, Irena Nalepa², Joanna Rzemieniec¹, Anna Katarzyna Wojtowicz³, Agnieszka Zelek-Molik²
¹Institute of Pharmacology Polish Academy of Sciences, Department of Experimental Neuroendocrinology, Krakow, Poland; ²Institute of Pharmacology Polish Academy of Sciences, Department of Brain Biochemistry, Krakow, Poland; ³Laboratory of Genomics and Biotechnology, University of Agriculture, Krakow, Poland
P 39. The Relationship of Hopelessness, Anxiety and Depression in a Sample of Freshmen in Meram Medical Faculty
Ayse Hilal Bati², Nazan Karaoglu¹
¹Necmettin Erbakan University, Meram Medical Faculty, Konya, Turkey; ²Ege University, Faculty of Medicine, Izmir, Turkey

P 40. Medical Students’ Loneliness, Anxiety and Depression at the Beginning
Ayse Hilal Bati², Nazan Karaoglu¹
¹Necmettin Erbakan University, Meram Faculty of Medicine, Konya, Turkey; ²Ege University, Faculty of Medicine, Izmir, Turkey

P 41. Are negative emotions bad? Evaluating emotions and mental health of Japanese children
Masami Kashimura
University of Tsukuba, Tsukuba-shi, Japan

P 42. Predicting factors for utilization of community mental health center following suicide attempt
Sara Hong¹, Yoonha Jang², Hyun Kim³, Min-Hyuk Kim¹, Seongho Min¹.²
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P 43. Psycho-educational intervention on self-compassion attitude and its effects on depressive symptoms
Kenichi Asano⁴, Kenji Hatori³, Ikuo Ishimura², Kiyoko Koganei¹, Toshiaki Nomura⁵, Nozomi Sukigara⁶, Masahiro Yamaguchi²
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P 44. Psychodynamic therapy of reduced mentalisation in depression
Stefan Fleck², André Kümmel¹, Michael Langenbach¹, Rüdiger Mielke², Julia Schütte¹
¹St. Marien-Hospital, Bonn, Germany; ²Cologne University, Cologne, Germany
P 45. Impact of mood and anxiety symptoms on quality of life in patient with CRPS
Do-Hyung Kang¹,⁴, Yong Chul Kim³, Do-Hyeong Lee¹, Eun Jung Noh², Soo Young Park³
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Tan Tock Seng Hospital, Singapore, Singapore

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Joon-Ho Ahn, Soo-Young Bhang, Sam-wook Choi, Mikyeong Lee
Department of Psychiatry, Ulsan University Hospital, University of Ulsan College of Medicine, Ulsan, South Korea

P 48. Augmentation of Drug Treatment with Bright Light Therapy in Patients with Difficult-to-Treat Depression: Acute and Long Term Observation
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Institute of Psychiatry and Clinical Psychology, Catholic University of the Sacred Heart, Rome, Italy

P 49. Behavioral effects of prenatal exposure to 4-para nonylphenol: studies on female and male mice subjected to Novel Object Recognition Test
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Department of Experimental Neuroendocrinology, Institute of Pharmacology, Polish Academy of Sciences, 12 Smetna Street, Krakow, Poland

P 50. Anxiety in Unipolar and Bipolar Depression (Preliminary Data)
Luchezar Hranov¹,², Petra Marinova¹,²
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Catholic University of Portugal, Porto, Portugal

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Visu-Petra Laura1,2, Mocan Oana1,2, Stanciu Oana3
1Developmental Psychology Lab, Cluj-Napoca, Romania; 2Babes Bolyai University, Cluj-Napoca, Romania; 3University of Edinburgh, Edinburgh, United Kingdom

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Ivandro Monteiro
Instituto Superior da Maia (ISMAI), Maia, Portugal

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Department of Pharmacology, Institute of Neuroscience and Physiology at the Sahlgrenska Academy, University of Gothenburg, Sweden

P 58. Impact of pain on the outcomes of depression across age and gender
Diego Novick1, William Montgomery2, Jordan Bertsch3, Zbigniew Kadziola4, Xiaomei Peng5, Roberto Brugnoli6, Josep Maria Haro3
1Eli Lilly and Company, Windlesham, Surrey, UK; 2Eli Lilly Australia Pty Ltd, West Ryde, Australia; 3Parc Sanitari Sant Joan de Déu, Fundació Sant Joan de Déu, CIBERSAM, Universitat de Barcelona, Barcelona, Spain; 4 Eli Lilly GmbH, Vienna, Austria; 5Eli Lilly and Company, Indianapolis, IN, US; 6School of Medicine, Department of Neuroscience, University of Rome «Sapienza», Italy.
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Toshiki Ogawa²; Chisa Okubo¹
¹University of Tsukuba, Tsukuba, Japan; ²The Open University of Japan, Chiba, Japan

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Antonio Bulbena¹,³,⁵; Susana Carmona³,⁴; Romina Cortizo⁵; Liliana Galindo⁵; Guillem Pailhez¹,³,⁵; Marisol Picado²,³; Oscar Vilarroya²,³
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Carolina Baeza-Velasco⁴; Maria del Mar Ballester³; Antonio Bulbena¹; Juan Castaño²; Guillem Pailhez¹; Silvia Rosado¹; Cristina Vendrell³
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Asan Medical Center, Seoul, South Korea

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Alfonso Mozos Ansorena²; Ana Pampín Alfonso¹; Manuela Pérez García¹; Begoña Portela Traba¹; Lucía Varela Reboiras¹; Iria Veiga Ramos¹
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Jiri Raboch
Psychiatric Department, Charles University in Prague, 1st School of Medicine, Prague, Czech Rep.
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¹Department of Psychotherapy, Jagiellonian University Medical College, Kraków, Poland; ²Department of Psychotherapy, University Hospital, Kraków, Poland

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Katarzyna Cyraneka, Edyta Dembińska, Łukasz Müldner-Nieckowski, Krzysztof Rutkowski, Jerzy A. Sobański
Department of Psychotherapy, Jagiellonian University Medical College, Kraków, Poland

P 68. The comorbidity of PTSD and depression as a late-onset effect of trauma in a group of people persecuted for political reasons in Poland
Katarzyna Cyraneka, Edyta Dembińska, Łukasz Müldner-Nieckowski, Krzysztof Rutkowski, Jerzy A. Sobański
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Hassan Palahang¹, Fatemeh Safian¹, Afshin Salahaian²
¹Shahrekord University of Medical Sciences, Shahrekord, Iran; ²University of Isfahan, Isfahan, Iran

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¹Lundbeck Research USA, 215 College Road, Paramus, NJ 07652, USA, ²Lundbeck Research DK, Valby, Denmark
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Deborah Serani
Adelphi University, Derner Institute, Garden City, New York, USA

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Kamal Solati Dehkordi
Shahrekord University of Medical Sciences, Shahrekord, Iran

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Kinnen Danielle, Steffgen Georges, Recchia Sophie
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Ileana-Pepita Stoica
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P 77. Impulsivity, executive functions, mild neurological signs and character traits in bipolar disorder patients
Maria Stoyanova
University Hospital for Active Treatment in Neurology and Psychiatry «Sveti Naum», Sofia, Bulgaria

P 78. Does Serotonin Depletion Augment or Counteract the Aggression-Provoking Effect of Testosterone in Mice?
Erik Studer, Jakob Näslund, Erik Andersson, Lars Westberg, Elias Eriksson
Department of pharmacology, University of Gothenburg, Sweden
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Valbona Alikaj, Anila Hashorva, Valmira Skendi, Elga Spaho, Anastas Suli
University Hospital Center «Mother Teresa», Tirana, Albania

P 80. Perception of Children’s anxiety from their Overprotective parents at Albanian Child and Adolescent Psychiatry Clinic
Valbona Alikaj¹, Valmira Skendi¹, Elga Spaho¹, Anastas Suli²
¹University Hospital Center «Mother Teresa», Tirana, Albania; ²School of Medicine, University of Tirana, Tirana, Albania

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Kevin Roy Beck, Leslie Lim, Shian Ming Tan
Singapore General Hospital, Singapore, Singapore

P 82. Characteristics of self-compassion and self-disgust on attachment styles
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¹Nippon Medical School, Tokyo, Japan; ²Tokyo Seiitoku University, Tokyo, Japan; ³Ai Clinic Kanda, Tokyo, Japan; ⁴Saitama Gakuen University, Saitama, Japan; ⁵Chiba University, Chiba, Japan

P 83. Preliminary results on the validation of a French translation of the Screen for Cognitive Impairment in Psychiatry
Philippe Baruch¹, Miriam Beauchamp², Serge Beaulieu³, Richard Bergeron⁴, Florence Chanut⁵, Andrée Daigneault³, Djouini Akram⁶, Charlotte Gagner⁷, Sonia Montmayeur⁹, Mathilde Neugnot⁷, Scott Purdon⁹, Suzanne Renaud³, Evens Villeneuve¹, S. Valérie Tourjman⁶, ⁹
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P 84. Childhood trauma, Resilience and Depression
Giovanni Camardese, Luigi Janiri, Beniamino Leone, Bruna Mattioli, Riccardo Serrani, Mariangela Treglia
Institute of Psychiatry and Clinical Psychology, Catholic University, Rome, Italy

P 85. Early Improvement as a Predictor of Outcome (Response & Readiness for Discharge) in Bipolar I Patients with Manic/ Mixed Episodes: Post-hoc Analyses of Asenapine Studies
A. Guiraud-Diawara², A. Szegedi³, E. Vieta¹, J. Zhao⁵
¹Hospital Clinic i Universitari de Barcelona, Barcelona, Spain; ²Lundbeck SAS, Issy-les-Moulineaux, France; ³Merck, New Jersey, USA

P 86. A Survey of Patient Preferences for a Placebo Orodispensible Tablet
Gordon Crawford¹, Alan Wade¹, David Young²
¹CPS Research, Glasgow, United Kingdom; ²University of Strathclyde, Glasgow, United Kingdom

P 87. Illuminating the emotional experiences of shame and guilt behind symptoms of depression and anxiety
Eleanor Lin-Er Woodford
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P 88. Arts therapies practice with adults suffering from depression in the UK
Vicky Karko, Ania Zubala
Queen Margaret University, Edinburgh, United Kingdom
Audio-Visual Facilities
Speakers must go to the preview room in order to validate and download their presentation files, at least forty minutes before the beginning of the sessions. Please respect this schedule, otherwise, the performance of the received presentations is not guaranteed.
We cannot accept presentations delivered in room directly (without previewing). Coffee breaks and midday are the busiest time in the preview room. So we recommend you to come to the preview early in the morning or during other presentations. An hostess will guide and assist the speakers for checking and downloading their presentation files.

European Accreditation
15 UEMS credits have been recognized for this Congress and these credits are recognized by the American Medical Association for conversion to AMA PRA Category 1 Credit.

Certificate of Attendance
A certificate of attendance is provided by e-mail after the congress.
The “12th International Forum on Mood and Anxiety Disorders” is held at the Hotel Rey Juan Carlos I, Avenida Diagonal, 661-671, Barcelona.

**CONGRESS VENUE**

**GENERAL INFORMATION**

**Electricity** - Voltage in Spain is 220 volts, and plugs are of the two-pin continental type.

**Admission** - The participant’s name badge is provided at the registration desk. All participants are requested to wear the badge throughout the Congress. Only badge holders is admitted to the appropriate sessions, exhibition and social events.

**Language** - The official language of the Congress is English. No simultaneous translation is provided.

**Insurance** - The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants and accompanying persons, either during or as a result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel. The insurance should be purchased in your country of origin.

**Secretariat** - The secretariat desk will open on Wednesday, November 07th at 11.00 and stay open all through the Congress.

**Welcome cocktail** - All delegates are cordially invited to attend the Welcome Cocktail which will be held on Wednesday, 07th November at 18.15 in the Hotel Rey Juan Carlos I.
ANNOUNCEMENT
OF NEXT FORUM

13th International Forum on Mood and Anxiety Disorders

will be held in 
Monaco, 
13-15 November, 2013
Cipralex - the power to tackle depression

References:

Presentation Film-coated tablets 5 10 15 20 mg, oral drops, solution 10 20 mg/ml and orodispersible tablets 10 20 mg. Indication Treatment of major depressive episodes, Treatment of panic disorder with or without agoraphobia, Treatment of social anxiety disorder (social phobia), Treatment of generalised anxiety disorder, Treatment of obsessive compulsive disorder. Dosage Adults: The recommended starting dose is 10 mg once daily. Depending on individual patient response the dose may be increased to a maximum of 20 mg once daily. An initial starting dose of 5 mg once daily is recommended in the treatment of elderly (>65 years), in panic disorder and in patients with reduced hepatic function. Children and adolescents (< 18 years): Cipralex should not be used in children and adolescents under 18 years of age. Discontinuation: Discontinue gradually over a period of at least one to two weeks to reduce the possibility of discontinuation symptoms. Contraindications hypersensitivity to escitalopram or any other components. Patients with known QT interval prolongation or congenital long QT syndrome. In combination with MAO-inhibitors or with medicinal products known to prolong the QT interval. Should not be used during pregnancy unless clearly needed and after careful consideration of the risk/benefit ratio. Breast-feeding is not recommended. Precautions Depression is associated with an increased risk of suicidal thoughts, self-harm and suicide. It is a general clinical experience with all antidepressant therapies that the risk of suicide may increase in the early stage of treatment. Close supervision of high-risk patients should accompany drug therapy. Patients (and caregivers) should be alerted about the need to monitor for emergence of suicidal behaviour or thoughts of harming themselves and to seek medical advice immediately if these symptoms present. SSRIs should be avoided in patients with unstable epilepsy, and patients with controlled epilepsy should be closely monitored. SSRIs should be used with caution in patients with a history of mania/hypomania. Treatment with SSRIs may alter glycaemic control. Insulin and/or oral hypoglycaemic dosage may need to be adjusted. The use of SSRIs/SNRIs has been associated with the development of akathisia. Hyponatraemia has been reported rarely with the use of SSRIs. There have been reports of cutaneous bleeding abnormalities. There have been reports of QT interval prolongation and ventricular arrhythmia, predominantly in patients of female gender, with hypokalaemia, or with pre-existing QT interval prolongation or other cardiac diseases. Interactions Caution is advised when taken in combination with MAO-inhibitors or medicinal products known to prolong the QT interval, serotoninergic medicinal products, products lowering the seizure threshold, lithium, tryptophan, St John's Wort, oral anticoagulants or antiplatelet agents (NSAIDs), and products predominantly metabolised by the enzymes CYP2C19 and CYP2D6. Undesirable effects Adverse reactions are most frequent during the first or second week of treatment and usually decrease in intensity and frequency with continued treatment. Most commonly occurring: nausea, decreased/increased appetite, weight increased, anxiety, restlessness, abnormal dreams, anergasia, insomnia, somnolence, dizziness, paraesthesia, tremor, constipation, vomiting, dry mouth, diarrhoea, sweating increased, arthralgia, myalgia, ejaculation disorder, fatigue and pyrexia. Overdose Cases of overdose with escitalopram doses between 400 mg and 800 mg have been reported without any severe symptoms. Legal category POM. Date of preparation or last review February 2012. Full Prescribing Information is available from H. Lundbeck A/S, Ottelilavej 9, 2500 Valby, Denmark www.cipralex.com