



# **14<sup>th</sup> INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS**

**Vienna, 10-12 December, 2014**

## **FINAL PROGRAMME**



**Publi Créations**



## 14<sup>th</sup> INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

Vienna, 10-12 December, 2014

### IMPORTANT ADDRESSES

#### Organizing Secretariat:

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E-mail: [ifmad@publiccreations.com](mailto:ifmad@publiccreations.com) - Website: [www.ifmad/2014/.org](http://www.ifmad/2014/.org)

#### Congress Venue:



**Hotel HILTON** - Am Stadtpark 1, 1030 Vienna, Austria

Tel: 43-1-717000 Fax: 43-1-7130691

Please visit our website for further information

[www.ifmad.org](http://www.ifmad.org)





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## SCIENTIFIC COMMITTEE

### Chairman

Siegfried Kasper (Austria)

### Co-Chairman

Stuart Montgomery (United Kingdom)

### Scientific Advisers

C.A. Altamura (Italy), D. Baldwin (United Kingdom), B. Bandelow (Germany), M. Bauer (Germany), J. Den Boer (The Netherlands), T. Dinan (Ireland), E. Eriksson (Sweden), N. Fineberg (United Kingdom), S.H. Kennedy (Canada), D. Lecic Tosevski (Serbia), J.P. Lépine (France), A.A. Mathé (Sweden), H.J. Möller (Germany), S. Pallanti (Italy), Z. Rihmer (Hungary), A. F. Schatzberg (USA), A. Serretti (Italy), D.J. Stein (South Africa), T. Suppes (USA), T. Svensson (Sweden), E. Vieta (Spain), D. Winkler (Austria), S. Yamawaki (Japan), A. Young (UK), J. Zohar (Israel)

## ACKNOWLEDGEMENTS

*The Organizing Committee expresses their gratitude for their contribution  
as sponsor of the speaker's dinner to*



**Pierre Fabre**

*And for their contribution to the Congress to the*

**VIENNA**  
CONVENTION BUREAU

## WELCOME LETTER

Dear Delegate,

We are delighted to welcome you to the International Forum on Mood and Anxiety Disorders (IFMAD) clinical update meeting held from 10 to 12 December 2014 in Vienna.

IFMAD has developed the reputation over many years of being the most interactive, stimulating and productive educational meeting in its field in Europe. It is accredited for continuing medical education. In a friendly atmosphere difficult clinical challenges are dissected, discussed and reformulated with high ranking experts to achieve the best evidence based path to treatment in depression, anxiety and bipolar disorder. This year we have, as you requested, increased the number of expert clinical interactive sessions. To avoid bias our educational programme is completely independent of pharmaceutical support.

This year's topics include advances and updates in the treatment of depression, treatment resistant depression, OCD and anxiety disorders, treatment resistant GAD, borderline disorder, bipolar disorder, bipolar depression, psychotic depression and the possible link of resistant depression to bipolarity. Topics for interactive clinical sessions, which all delegates are expected to attend, include managing non-response in depression, anxiety with comorbidity, treating bipolar mixed states, managing suicidal risk, managing schizoaffective disorder, and discussions on the best treatment of depression, anxiety and bipolar disorder.

We are glad to have you chosen to join us again and share your knowledge with your colleagues in a friendly learning environment.

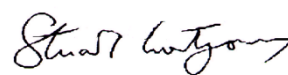
Siegfried Kasper



Chairman



Stuart Montgomery



Co - Chairman





## SCIENTIFIC PROGRAM - Wednesday, 10 DECEMBER 2014

### 14.30 – 16.00 SO 01 RECENT ADVANCES IN DEPRESSION

Chairs: S. Montgomery (UK) – D. Baldwin (UK)

#### 14.30 – 15.00 SO 0101 Treating depression with anxiety

*Siegfried Kasper (Austria)*

#### 15.00 – 15.30 SO 0102 Treating post stroke depression (PSD)

*Stuart Montgomery (UK)*

#### 15.30 – 16.00 SO 0103 Novel Mechanisms and drugs for Adjunctive Treatment in depression

*Torgny Svensson (Sweden)*

➤ Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

### 16.00–16.30 COFFEE BREAK

#### 16.30 – 17.30 EXPERT CLINICAL UPDATE 1

##### Managing Suicide Risk

Chair: S. Kasper (Austria)

##### Managing and not managing suicide risk: notes from a small island

*David Baldwin (UK)*

##### Managing Suicide Risk

*Zoltan Rihmer (Hungary)*

#### 17.30 –18.00 QUESTIONS IN THE MANAGEMENT OF MOOD AND ANXIETY DISORDERS

Chairs: S. Montgomery (UK) – S. Kasper (Austria)

##### Discussion on survey

### 18.00–18.45 OPENING RECEPTION



## SCIENTIFIC PROGRAM - Thursday, 11 DECEMBER 2014

### 09.00 – 10.30 SO 02 ADVANCES IN THE TREATMENT OF ANXIETY

Chairs: T. Dinan (UK) – S. Pallanti (Italy)

#### 09.00 – 09.30 SO 0201 Pharmacologic Treatment of Obsessive-Compulsive Disorder Comorbidity

*Stefano Pallanti (Italy)*

#### 09.30 – 10.00 SO 0202 The further management of treatment-resistant Generalized Anxiety Disorder

*David Baldwin (UK)*

#### 10.00 – 10.30 SO 0203 Advances in treatment of Borderline Personality Disorder

*Borwin Bandelow (Germany)*

➤ Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

### 10.30–11.00 COFFEE BREAK

#### 11.00 – 12.00 SCIENTIFIC UPDATE 1

##### **Ketamine analogues in Depression**

Chairs: S. Kasper (Austria) – E. Vieta (Spain)

##### **Is there a place for ketamine analogues in depression?**

Torgny Svensson (Sweden)

##### **Esketamine Clinical Development Program**

Joseph F. Hulihan (USA)

#### 12.00 – 13.00 EXPERT CLINICAL UPDATE 2

Chair: B. Bandelow (Germany)

##### **Treating Bipolar mixed States**

*Eduard Vieta (Spain) - Ted Dinan (UK)*

**13.00–14.00 POSTER SESSION & LUNCH**

**14.00 – 15.30 SO 03 ADVANCES IN THE TREATMENT OF BIPOLAR DISORDER**

Chairs: S. Pallanti (Italy) – T. Svensson (Sweden)

**14.00 – 14.30 SO 0301 Is resistant depression a signal for bipolarity ?**

*Zoltan Rihmer (Hungary)*

**14.30 – 15.00 SO 0302 Treating delusional unipolar and bipolar depression**

*Stuart Montgomery (UK)*

**15.00 – 15.30 SO 0303 New Treatments for bipolar disorders**

*Eduard Vieta (Spain)*

➤ Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

**15.30 – 16.00 COFFEE BREAK**

**16.00 – 17.00 EXPERT CLINICAL UPDATE 3**

Chair: Z. Rihmer (Hungary)

**Myths and truths in treating non response in depression**

*Alessandro Serretti (Italy) – Stuart Montgomery (UK)*

**17.00 – 18.00 EXPERT CLINICAL UPDATE 4**

Chair: A. Serretti (Italy)

**How to treat anxiety with comorbidity**

**Stefano Pallanti (Italy) – Borwin Bandelow (Germany)**





## SCIENTIFIC PROGRAM - Friday, 12 DECEMBER 2014

### 09.30 – 11.00 SO 04 ADVANCES IN TREATMENT OF DEPRESSION

Chairs: T. Dinan (UK) – S. Montgomery (UK)

#### 09.30 – 10.00 SO 0401 Evidence Based markers and an algorithm for treatment of depression

*Alessandro Serretti (Italy)*

#### 10.00 – 10.30 SO 0402 Glutaminergic Approaches to treating depression

*Ted Dinan (UK)*

#### 10.30 – 11.00 SO 0403 New Treatments for Bipolar Depression

Allan Young (UK)

➤ Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

### 11.00 – 11.45 PANEL DISCUSSION

**Best Treatments for depression/Anxiety/Bipolar Disorder**

### 11.45 – 12.00 CLOSING REMARKS AND POSTER AWARD

### 12.00 FAREWELL COFFEE

## SCIENTIFIC INFORMATION

### Audio-Visual

Equipment for computerized Power Point presentation is provided during the scientific sessions. Power Point presentations, CD-Rom or USB keys can be viewed and tested prior to presentation at the Speakers' Corner inside the main meeting room and must be handed over to the room technicians at least forty minutes before the beginning of the sessions and collected directly by the speakers immediately after. It is essential for the smooth running of the sessions that all Speakers hand in their presentation in due time.

### European Accreditation

12 EACCME® credits for CME accreditation have been recognized to this event.

### Certificate of Attendance

A certificate of attendance will be sent by e-mail to all participants at the end of the congress.

### Posters

Abstracts have been selected for poster display by the Scientific Committee. Posters are displayed in the Prefunction Area of the Hilton Hotel from [Wednesday, 10 December 2014](#) to [Friday, 12 December 2014](#). Posters should be attended by the authors themselves, in order to view and discuss them during lunchtime and coffee breaks and a special poster session is scheduled on [Thursday](#) from [13.00 to 14.00](#). The Best Posters will be selected by the Scientific Committee and the Poster Prizes will be announced during the final wrap up at 11.45 on 12 December 2014.



## GENERAL INFORMATION

The “14<sup>th</sup> International Forum on Mood and Anxiety Disorders” will be held at the Hotel Hilton (Vienna) from 10-12 December 2014.

### Admission

The participant's name badge is provided at the registration desk. All participants are requested to wear the badge throughout the congress. Only badge holders are admitted to the appropriate sessions, exhibition and Opening Reception.

### How to get to the Hotel:

**Taxi:** Travelling time from the International Airport via the A1/A2/A4 motorway link to Hotel Hilton is approximately 25 minutes. Useful numbers: Vienna International Airport:

Infoline +43 7007 22233 (24 hours) - [www.viennaairport.com](http://www.viennaairport.com)

**CAT:** The Hilton Vienna Am-Stadtpark has a direct airport connection via the City Airport Train (CAT) opposite the Hotel. The train takes you non-stop from the airport to the heart of Vienna in only 16 minutes. It departs from the railway stations at the airport and Wien-Mitte a few minutes after every hour and every half past.

Example : Departure from Airport to Vienna Center and vice versa:

06.06 06.36 07.06 07.36 08.06 08.36 09.06 09.36

- For public transportation the best ticket to use is the Vienna Card. Tickets are available from tobacconists, advance sale ticket offices of the Vienna Transport Authority and from the machines in the subway stations, trams and buses.





## **Language**

The official language of the Congress is English. No simultaneous translation is provided.

## **Insurance**

The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.



## **Secretariat**

The secretariat desk will open on Wednesday, 10<sup>th</sup> December at 11h00 and stay open all through the Congress.

## **Welcome cocktail**

All delegates are cordially invited to attend the Welcome Cocktail of the Forum, which will be held on Wednesday, 10<sup>th</sup> December at 18.00 in the Prefunction area of the Hilton Hotel.





**Publi Créations**